AAOS/AOFAS Prevalent Procedures in Foot and Ankle Trauma and Reconstruction: Retooling to Prepare You for the Next Decade

Current best practices and new, state-of-the-art techniques

May 4 – 6, 2017
OLC Education & Conference Center, Rosemont, IL

Bryan D. Den Hartog, MD
J. Chris Coetzee, MD
Course Directors
Orthopaedic foot and ankle treatment is quickly evolving and the training you received as little as five years ago is different from what is being taught today. This exciting, hands-on surgical skills course led by the top surgeons in the field will bring you up to speed on current best practices for the top 15-20 most prevalently performed minimal incision, reconstructive, and trauma procedures that improve patient results. Learn how treatment methods have evolved over the past decade, gain hands-on experience with new equipment, and master state-of-the-art techniques to position yourself as an expert in this field.

**Course highlights include:**

**New this year!**
- Lengthening procedures for calf tightness including gastrocnemius slide and Achilles lengthening
- Sinus tarsi approach to calcaneus fractures
- Subtle acute and chronic syndesmosis injuries
- New techniques for chronic ankle instability
- Bridge plating for Lisfranc’s injuries

- Reimbursement for treatment of ingrown toenails is very high. Potentially increase your office revenue with little need for equipment or personnel by performing this procedure. Learn it here!

- Point-counterpoint presentations and debates present nonbiased treatment perspectives and approaches

**Who should take this course?**

Orthopaedic surgeons who perform a moderate amount of foot and ankle procedures who need to strengthen their skills and fellowship-trained foot and ankle surgeons who need to stay current in the field.
THURSDAY, MAY 4
Evening 3:00 pm – 8:40 pm

FOREFOOT

LECTURES
- Approach to Bunions: Large and Small
- Distal Osteotomies
- Hammertoe Deformities
- Plate Rich Plasma – Indications for Foot and Ankle
- Ingrown Toenail

Fifth Metatarsal Fractures
- Jones
- Diaphyseal Stress Fractures
- Styloid Fractures

Tendon Transfers
- Drop Foot Procedures
- Cavus Transfers
- Flatfoot Transfers

PRE-RECORDED VIDEO DEMONSTRATIONS
- Proximal Osteotomies – Lapidus
- MT Osteotomies: Weil vs. MT Shortening
- Turf Toe

CASE DISCUSSIONS AND Q&A

MIDFOOT

LECTURES
- Cotton and Evans Osteotomies
- Tendon Transfers
  - Os Peroneum Excision Transfer of PL to Fifth Metatarsal Base
  - FHL Transfers
- 1-3 TMT and 1-MTP Fusions

TRAUMA
- Lisfranc Fracture Fixation
- Navicular Fractures

HINDFOOT/ANKLE

LECTURES
- Tarsal Tunnel Release
- Os Trigonum/Steida Process Excision
- Ankle Instability Management
  - Broström With and Without Internal Brace
  - Andersonoplasty
  - Tendon Weave
- Subtalar Fusion (Medial and Lateral Approach)
  - Double and Triple
  - Supramalleolar

FRACTURES

LECTURES
- Calcaneus Fractures: Sinus Tarsi Approach
- Talar Neck/Body
- Syndesmosis
- Fibular/Bi-Malleolar, Tri-Malleolar, Pilon
- Calve Tightness: Lengthening Procedures
  - Gastroc Slide
  - Medial Head Only: V-cut vs. Endoscopic

FRIDAY, MAY 5
Morning 7:15 am – 12:05 pm

BUNIONS

HANDS-ON SKILLS LAB
- Extended Chevron, Scarf
- Lapidus
- Akin, Lateral Release, Capsular Closure

LESSER TOES

HANDS-ON SKILLS LAB
- Claw Toe Repair
- Well Osteotomy, Midshaft Osteotomy
- Plantar Plate Repair
- Turf Toe

FIFTH METATARSAL FIXATION

HANDS-ON SKILLS LAB
- Jones
- Avulsions

LECTURES
- Adjuvants for Surgical Healing – Is There a Place?
- How Do You Code For Forefoot Procedures?
- In-Office Procedures
- Weight Bearing Status After Foot and Ankle Surgery
- Return to Play After Foot and Ankle Surgery

INDUSTRY SPOTLIGHT SESSION #1 (Non-CME)
Afternoon 1:00 pm – 5:45 pm

HANDS-ON SKILLS LAB
- Cotton Osteotomy, 1st MT Base Osteotomy, Miller, Evans, Malerba
- Lisfranc Exposure and Repair
- Sesamoid Excisions and Plantar Plate Repair

NERVES

HANDS-ON SKILLS LAB
- Morton’s Neuroma Excision
- Tarsal Tunnel Release

TARSAL COALITIONS

HANDS-ON SKILLS LAB
- Anterior: Mini Open, Extensile
- Lateral and Posterior
- Ankle Fusions

INDUSTRY SPOTLIGHT SESSION #2 (Non-CME)

All lab procedures are introduced with a video demonstration or lecture

19.5 Total Credits of Category
1 CME
SATURDAY, MAY 6
7:00 am – 1:00 pm

HANDS-ON SKILLS LAB
Proximal Gastroc Release
Valpuis/Strayer
Broström and Modifications
Anatomic Lateral Ligament Reconstruction
Deltoid Reconstruction
Transfer of PTT to Dorsum of Foot
Syndesmosis
Peroneal Groove Deepening and Fibula Osteotomy
Haglunds Excision and Achilles Reattachment
FHL Transfer to Calcaneus
Optional Lab Time for Dissection, Procedures, etc.

Schedule and faculty subject to change.
Details online aaos.org/3077
Course Tuition
Registration fee includes course materials, electronic syllabus, and refreshment breaks. Lunches are included for full-day sessions only.

AAOS/AOFAS Candidate Member/International Member/Emeritus Member $1,699
Nonmember Orthopaedic Surgeon/International Nonmember $2,099
AAOS/AOFAS Resident Member/Resident/Post-Residency Fellow/Military* $1,499

*For AAOS/AOFAS members in active U.S. military duty only

How to Register
1. Online at aaos.org/3077
2. Call AAOS Customer Service at 1-800-626-6726 from 8:00 am to 5:00 pm CT. Outside U.S. dial +1-847-823-7186.
3. Print registration form at aaos.org/3077. Mail the completed form to AAOS, 9400 W. Higgins Rd., Rosemont, IL 60018. Or fax to 1-800-823-8025. Outside U.S. fax to +1-847-823-8125.

Hotel
Hampton Inn & Suites
9480 W. Higgins Road
Rosemont, IL 60018
Phone: 1-847-692-3000

Housing Reservation Deadline
April 20, 2017

Room Rate
$129*/night (plus applicable taxes)
Single or Double occupancy
*Includes breakfast, WiFi, fitness center

Accreditation Statement
The American Academy of Orthopaedic Surgeons is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education (CME) for physicians.

AMA Credit Designation Statement
AAOS designates this live activity for a maximum of 19.5 AMA PRA Category 1 Credits™. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

Obtaining CME Credit
Course participants must complete and submit an online evaluation form to receive CME credit.
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20.25 CME Credits