AAOS/ASES
Elbow Reconstruction: State-of-the-Art Concepts

FINAL PROGRAM

14.75 CME Credits

November 18 – 19, 2016
OLC Education & Conference Center • Rosemont, IL

Leesa M. Galatz, MD, and April D. Armstrong, MD
Course Directors
The AAOS and American Shoulder and Elbow Surgeons (ASES) extends sincere appreciation to the following companies for an educational grant in support of this program.

**Silver Level**

Zimmer Biomet

**Bronze Level**

DePuy Synthes
AAOS/ASES Elbow Reconstruction: State of the Art Concepts  
November 18-19, 2016; OLC Education & Conference Center, Rosemont, IL  
Leesa M. Galatz, MD and April Armstrong, MD; Directors  

CMEs 14.75  
As of 11/10/2016  
Content and faculty subject to change  

SCHEDULE  
FRIDAY NOVEMBER 18  

BREKFAST IS NOT AVAILABLE AT THIS COURSE.  
FOR THOSE STAYING AT THE HAMPTON INN & SUITES, BREAKFAST IS AVAILABLE AT THE HOTEL BEGINNING AT 6 AM  

<table>
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<tr>
<th>Time</th>
<th>Event Description</th>
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<tr>
<td>6:30 am</td>
<td>Registration <em>(Registration Desk B)</em></td>
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| 6:55 am | Welcome *(Auditorium BC)*  
*Leesa Galatz, MD and April D. Armstrong, MD* |
| 7:00 | Elbow Arthroscopy, Set-up, Portals, and Pearls  
*Ryan T. Bicknell, MD, FRCSC* |
| 7:15 | Arthroscopic Tennis Elbow Release – My Approach  
*Joseph A. Abboud, MD* |
| 7:30 – 9:30 | HANDS-ON SURGICAL SKILLS LAB  
Basic to Advanced Arthroscopy:  
Diagnostic Scope, Retractor Placement, Anterior Portals, Tennis Elbow Release, Posterior Portals, Loose Body Removal  
**Lab Leader:** Aaron M. Chamberlain, MD  
**Lab Instructors:** Drs. Bicknell, Chamberlain, Chuinard, Faber, Getz, Hausman, Keener, Kim, G. King, Klepps, Moskal, Murthi, Namdari, Omid, Sethi, Steinmann, Throckmorton and Tashjian |
| 9:30 | Refreshment Break *(Auditorium Foyer B)* |
| 9:45 | Arthroscopic Osteocapsular Arthroplasty for Elbow Arthritis – My Approach  
*Leesa M. Galatz, MD* |
| 10:00 | Osteochondritis Dissecans – Diagnostic Considerations and Arthroscopic Treatment  
*Christopher R. Chuinard, MD, MPH* |
PRE-RECORDED VIDEO DEMONSTRATION
10:45 Advanced Arthroscopy: Capsular Release and Debridement – Tips and Pearls
Micheal Hausman, MD

HANDS-ON SURGICAL SKILLS LAB
11:00-12:15 pm Elbow Arthroscopy Round 2 – Capsular Release, Osteocapsular Arthroplasty
Lab Leader: Michael J. Moskal, MD
Lab Instructors: Drs. Bicknell, Chamberlain, Chuínard, Faber, Getz, Hausman, Keener, Kim, G. King, Klepps, Moskal, Murthi, Namdari, Omid, Sethi, Steinmann, Throckmorton and Tashjian

Moderator: Paul Sethi, MD

LECTURES (Auditorium BC)
12:15 pm My Open Contracture Release Technique for Stiff Elbow after Trauma
April D. Armstrong, MD

12:30 My Approach to Radioulnar Synostosis
Julie E. Adams, MD

12:45 Lunch (Auditorium Foyer B)

SOFT TISSUE RECONSTRUCTION IN THE ELBOW
Moderator: Scott P. Steinmann, MD

LECTURES
1:15 Distal Biceps and Triceps Tendon Repair
My One Incision Technique -- Steve Klepps, MD (8 min)
My Two Incision Technique -- Jay D. Keener, MD (8 min)
My Triceps Tendon Repair Technique -- Paul Sethi, MD (8 min)

1:45 Lateral Collateral Ligament Reconstruction
Surena Namdari, MD, MSc

2:00 Medial Collateral Ligament Reconstruction
Charlie L. Getz, MD

2:15 My Approach to the Ulnar Nerve
Robert Z. Tashjian, MD

2:30 Refreshment Break (Auditorium Foyer B)
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<tr>
<td>2:45</td>
<td><strong>HANDS-ON SURGICAL SKILLS LAB</strong></td>
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<tr>
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<td>Tendon and Ligament Repair of the Elbow</td>
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<td>Distal Biceps, Triceps, LUCL Reconstruction, MCL Reconstruction,</td>
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<td>Ulnar Nerve Release</td>
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<td><strong>Lab Leader:</strong> Steve Klepps, MD</td>
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<td>Lab Instructors: Drs. Bicknell, Chamberlain, Chuinard, Faber, Getz,</td>
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<td>Hausman, Keener, Kim, G. King, Klepps, Moskal, Murthi, Namdari, Omid,</td>
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<td>Sethi, Steinmann, Throckmorton and Tashjian</td>
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<td>4:15</td>
<td><strong>Fracture Cases Presentations (Auditorium BC)</strong></td>
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<td>Coronoid, Terrible Triad, Radial Head:</td>
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<td><strong>Presenter:</strong> Reza Omid, MD</td>
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<td><strong>Panel:</strong> Dr. Adams, Getz, Klepps, Moskal</td>
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<td>5:00</td>
<td>Adjourn</td>
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SATURDAY, NOVEMBER 19

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FRACTURES AND ARTHROPLASTY (Auditorium BC)
Moderator: Michael Hausman, MD

LECTURES
7:00  Proximal Ulna Fractures: Monteggia vs Transolecranon
      Hyun Min (Mike) Kim, MD

7:15  Complex Elbow Instability
      Ken Faber, MD, FRCSC

7:30  Total Elbow Arthroplasty
      Design Rationale: Aaron M. Chamberlain, MD (10 min)
      Lessons Learned: Graham JW King, MD, FRCSC (10 min)

7:50  Distal Humerus Fractures – My Approach and What I Have Learned
      Anand M. Murthi, MD

PRE-RECORDED VIDEO DEMONSTRATION
8:05  Lateral Approaches to the Elbow (Column, Kocher, and Extensor Split)
      Thomas W. (Quin) Throckmorton, MD

8:25  PRE-RECORDED VIDEO DEMONSTRATION
      Medial Approaches to the Elbow
      Scott P. Steinmann, MD

FACULTY SURGICAL DEMONSTRATION
8:40  The Triceps On Approach to Total Elbow Replacement
      Demonstrator: Graham J.W. King, MD, FRCSC

9:30  Refreshment Break (Auditorium Foyer B)

HANDS-ON SURGICAL SKILLS LAB
9:45-12:30 pm  Elbow Fx’s and Total Elbow Arthroplasty
               Anatomical Dissection
               Lab Leader: Surena Namdari, MD, MSc
               Lab Instructors: Drs. Bicknell, Chamberlain, Chuinard, Faber, Getz, Hausman,
               Keener, Kim, G. King, Klepps, Moskal, Murthi, Namdari, Omid, Sethi,
               Steinmann, Throckmorton and Tashjian

12:30 pm  Summary of Key Points of the Morning (Auditorium BC)
      April D. Armstrong, MD

1:00  Adjourn

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